

YOUNG CARERS ACTION DAY

WEDNESDAY 11 MARCH 2026

Fair Futures for Young Carers



HAMPSHIRE
YOUNG
CARERS
ALLIANCE

How your school can participate and support young carers

Record

01

Make sure all your young carers are recognised and correctly recorded on your school management system



Celebrate

02

Do something special to celebrate the day and the young carers that attend your school



Signpost

03

Refer Young Carers to your local HYCA support service by using the QR code or going direct to www.hyca.org.uk



Download

04

Download the HYCA resource for supporting young carers to take a break www.hyca.org.uk



Donate

05

Donate to your local young carers service to ensure ongoing support of your young carers outside school

